

# Adverbs of frequency

Practise using adverbs to show how often something is done



**i** Adverbs provide extra information about a verb. This can happen in different ways: most simply, adverbs can explain *when*, *how* and *where* the verb happens (children will already have learnt about these). Adverbs can be used in more advanced ways for other reasons: one is to use them to show **how often** something is done. Sometimes these adverbs are adverbial phrases, such as *every day*; however, this sheet just practises single word adverbs, such as *always*, *never* and *sometimes*. These adverbs sometimes start sentences.

**A**

Choose an adverb of frequency to start each sentence:

....., the sun shines in the summer.

....., I go swimming on Tuesdays.

....., he drinks coffee in the evening.

rarely

usually

sometimes

often

**B**

Circle the adverbs of frequency:

There is never anything interesting to do here.

I always like to try new foods.

Have you ever been to Australia?

She goes out frequently with her friends.

**SPaG  
PRACTICE**

Add an adverb of frequency to start the sentence:

....., I just like sitting in the garden in the sunshine.

Write sentences using adverbs of frequency to say what you often or never do, e.g. I always read before I go to sleep.

.....

.....

.....

**CHALLENGE**  
Think • Talk • Write